Study Music/Dance/Yoga in Mysore, India
July 16-August 13, 2016

* Live in amazing Mysore, the seat of the Maharaja of Mysore, the ancestral home of Yoga, in the “Silicon Valley” of South India
* Participate in the oldest traditions of learning and teaching of Classical Music, Dance and Yoga
* Eat Organic Home-Cooked Vegetarian Food, Practice Yoga Daily, and live in community with a Professor
  • See 15 concerts/plays of stunning quality, performers of Veena, Violin, Mrdangam, Voice, Flute, Bharata Natyam, as well as Ramayana Shadow Puppeteers
  • Hear inspirational lectures on Gender, Caste, Development, Yoga (Patanjali Sutras) and language (Kannada)

LOCATION: Swami Vivekenanda Youth Movement (SVYM), Mysore India

DATES: July 16 - August 13, 2016

LANGUAGE: Relevant instruction in Kannada revolving around subjects of study is nearly impossible, but students are encouraged to learn 50 words in advance of the trip. All local teachers speak fluent English.

HOUSING: In the guest hostel of the SVYM Centre

APPLICATION DUE: January 10, 2016

FOR MORE INFO: srush@umich.edu
CREDITS: Up to 4 credits for University of Michigan Students from various Departments.

APPLICATION PROCESS: The Application consists of an essay and an interview. The essay is due January 10, 2016. The interviews will take place shortly thereafter. The applicant is to express their interest in specific study of
- Carnatic Singing
- Dance (Bharata Natyam)
- an instrument common to S. India (Flute, Violin, Veena, Mrdangam, Nadaswaram)
- and/or Yoga.

The essay should demonstrate at least an introductory familiarity in the field, with mentions of books, favorite musicians, dancers, etc., as well demonstrate an introductory level of cultural awareness about India’s religions, current cultural issues, and fine arts. Applicants should also consult with previous participants of the program. A list can be provided.

COST: THIS IS APPROXIMATE AS OF NOVEMBER 1, 2015!!!!!
- Program Fee $2300 (as of October 15, 2014 this may change due to grant funding that is currently pending)
- Includes Room and Board, ground travel/travel to/from Bangalore (including a hotel each way, all instructional fees including special guest programs/concerts), and a weekend trip to the beach in Kerala.
- Airfare (roundtrip) $1300-1700 (Detroit-Bangalore)
- Personal expenses $300

A non-refundable deposit of 500$ is due April 1, 2016, for all participants on the trip. The remaining funding (1800$) is due June 1, 2016.

ELIGIBILITY Applications to be vetted by Professor Stephen Rush. Each prospective student must write an essay of no more than 500 words explaining their desire to study Indian Music (specify instrument/voice), Dance (Bharata Natyam only) and/or Yoga. Once in India, all students are expected to devote at least 2 hours a day to the practice of their craft beyond the taking of daily lessons (4 a week). “Students” need not be currently enrolled at the University of Michigan (or any other institution).

COURSE INFO Each student will be paired with one teacher and will learn in the guru-shishya parampara (the one-to-one master-disciple system) in the home of the teacher. The aim will not be a mechanical pursuit of further mastery over some instrument(s), but a holistic learning of the music as well as philosophy, pedagogical tradition, performance structures, and lifestyle practices that surround the music. In addition to one private lessons in South Indian (Karnatic) music per day, students will live in community with Professor Stephen Rush, who will lead discussions concerning the influence of Indian music on contemporary music, the Gita (for Westerners), discussion of social/cultural issues in India, and discussions concerning the epic stories and religion of India. The trip will also include a special weekend trip to an amazing and gorgeous beach resort in Kerala.

WEB SITE: For a complete, day-by-day description of Mysore12’s program (with photos and video), see http://stephenjrushmusic.com/?cat=6